National Urban Symposium:
Youth & Family Wellness

December 7-9, 2005
Hyatt Regency
Dallas, Texas

Texas Cooperative Extension
The Texas A&M University System
Conference Objectives

Address physical, financial, and youth/family health issues by identifying innovative and effective Urban program models.

Improve visibility and document outcome/impacts of Urban 4-H & Youth Development and Family & Consumer Sciences programming in Extension.

Provide a forum for professionals representing a wide range of activities related to urban youth and families (e.g. financial management; healthy lifestyles for youth and adults; and physical health) from Extension, Research, and Practitioners.

Contribute to a National Urban agenda for future actions related to urban youth and family.

Conference Planning Committee Members

Bonnie McGee, Chair ~ Texas Cooperative Extension
Jenna Anding ~ Texas Cooperative Extension
Barbara Board ~ Virginia Extension
Martha Couch ~ Texas Cooperative Extension
Charlene Jacobs ~ University of Kentucky
Cheryl Lloyd ~ North Carolina State University
Joan Marsh ~ University of Georgia
Judy Warren ~ Texas Cooperative Extension
Mary Jane Willis ~ Rutgers Cooperative Extension

Sponsors

Texas Cooperative Extension

Heep Foundation – College of Agriculture & Life Science, The Texas A&M University System
Southern Region Program Leadership Network – Middle Management
Cooperative State Research, Education, and Extension Service
Wednesday, December 7, 2005
8:00 - 5:00 p.m. Registration Open
UNION STATION ENTRANCE FOYER

11:30 a.m. Opening Luncheon
~Moderator: Bonnie McGee~

Changing Demographics
Dr. Harold "Bud" Hodgkinson, Director
Center for Demographic Policy
Institute for Educational Leadership

Invitation to 2007 North Central Urban Conference
Jim Lindquist, Kansas
Al Black, Missouri

1:30 - 2:00 p.m. Break

2:00 - 3:00 p.m.
~Moderator: Mary Jane Willis~
PULLMAN A

Financial Wellness for Youth & Families
Dr. Jeanne M. Hogarth, Program Manager
Consumer Education & Research Section Division of
Consumer & Community Affairs Board of Governors of The Federal Reserve System

3:00 - 4:30 p.m.
~Moderator: Joan Marsh~
PULLMAN A

FINANCIAL WELLNESS PANEL

Creative Techniques for Teaching Youth and Adult Financial Education
June Puett, University of Tennessee Extension
Tiffany Rogers, Tennessee
Lorna McCandless-Moss, Tennessee
Anne Olson, Tennessee
Dorothy Simmons, Tennessee

IDA Financial Education Program: Quantitative and Qualitative Impacts
Barbara O’Neill, Rutgers Cooperative Research & Extension
An Evaluation of the FCIC Money Smart Program Implemented Through Volunteer Instructors
Guadalupe Landeros, Texas Cooperative Extension
Joyce Cavanagh, Texas
Nancy Granovsky, Texas
Eloy Villafranca, Texas

5:00 - 7:00 p.m. Poster Session & Reception

GRAND HALL

Bucks for Books
Alison Couch, Alabama Cooperative Extension System
Donna Gullate, Alabama
Cynarrah Fuller, Alabama

Alabama Relatives As Parents Program (RAPP)
Wilma Ruffin, Alabama Cooperative Extension System
Alison Couch, Alabama
Kevin Crenshaw, Alabama

Grandparents Raising Grandchildren Initiatives in Dallas County
Annie Tinsley, Texas Cooperative Extension
Susan Williams, Texas

EAT SMART to Prevent Chronic Disease
Dolores Sandman, Texas Cooperative Extension

Extension and 4-H/Youth Development: What is our future?
Jack Kerrigan, Ohio State University Extension

Listening To The Needs of Underrepresented Populations
Patreece Ingram, Penn State University

Community Partnerships Provide Resources and Financial Education for Low-Income Residents
Pat Ludeman, University of Wisconsin Extension
A New Camp for a New Generation: The Hip-Hop Boot Camp
Paige Hess-Hill, West Virginia State University Extension
Chris Kessell, West Virginia

Fathers Reading Every Day (F.R.E.D.)
Stephen D. Green, Texas Cooperative Extension
Linda Mock, Texas

WiSe Up Women
Nancy Granovsky, Texas Cooperative Extension

Harris County Inmate Program
Elizabeth Trejo, Texas Cooperative Extension
Clemogene Wilson, Texas
Jo Lynn Jennings, Texas

Texas 4-H After School
Cheryl Newberry, Texas Cooperative Extension
Jeff Howard, Texas
Kevin Chilek, Texas

The Kids Marketplace
Heather Greenwood, Virginia Cooperative Extension

Youth Leaders in Action
Tad Pfeifer, Texas Cooperative Extension

A CAPITAL Idea – Getting Things Done with AmeriCorps
Lillianne Goeders, Texas Cooperative Extension

Where Does My Food Come From
Deborah Bost, North Carolina Cooperative Extension

Welcome Baby Family Resource Center
Margaret Wamugi, North Carolina Cooperative Extension
Thursday, December 8, 2005

7:30 a.m. Breakfast
Moderator: Judy Warren

Welcome Comments: Ed Smith, Texas Cooperative Extension
Director and Associate Vice Chancellor
&
Margaret Hale, Texas Cooperative Extension
Executive Associate Director

Quality Education for Latinos and Latinas: Who are the education players?
Drs. Marco & Rita Portales
A professor of English at Texas A&M University and author of the Latino Trilogy;
Educational Consultant and co-author

9:30-10:00 a.m. Break

10:00-11:30 a.m. Concurrent Sessions

OUT OF SCHOOL PROGRAMS
Moderator: Martha Couch

Health Rocks!
Donna Gullatte, Alabama Cooperative Extension System
Cynarra Fuller, Alabama
Wilma Ruffin, Alabama

Move It, Beat It, Shake It!
Lillianne Goeders, Texas Cooperative Extension

GRANDPARENTS RAISING GRANDCHILDREN
Moderator: Charlene Jacobs

Determining Effective Educational and Support Strategies for
Hispanic Grandparents Raising Grandchildren
Romy Ledesma, Texas Cooperative Extension
Virginia Alonso, Texas
Grandparents Raising Grandchildren: Developing a Simulation Workshop
Dan McDonald, The University of Arizona Cooperative Extension
Linda Block, Arizona
Cynthia Flynn, Arizona

FINANCIAL WELLNESS THROUGH LIFE ~Moderator: Mary Jane Willis~  DEALEY

Financial Literacy in Later Life: Key Issues for the 2000s and Beyond
Barbara O’Neill, Rutgers Cooperative Research & Extension

Expanding Urban Outreach Throughout Financial Literacy Coalitions
Guadalupe Landeros, Texas Cooperative Extension
Nancy Granovsky, Texas

HEALTH - PHYSICAL ACTIVITY ~Moderator: Joan Marsh~  CLUCBCAR

Walking Through Florida: An Employee Wellness Initiative
Danielle Gordon, University of Florida

Wellness in the City – A Health and Wellness Program of Texas Cooperative Extension in Dallas and Tarrant Counties
Susan Richey, Texas Cooperative Extension
Dana Tarter, Texas

Hip Hop in the City: Understanding the Culture and Consequences
Javiette Samuel, Tennessee State University

11:30-12:20 p.m. Lunch  GRAND HALL

1:00-1:45 p.m.  ~Moderator: Cheryl Lloyd~  PULLMAN A

Family Health & Wellness: WE CAN
Ms. Karen Donato, Coordinator
National Heart, Lung, & Blood Institute
EXTENSION RESPONDS: OBESITY EDUCATION INITIATIVE

Creating Healthy Generations: Cumulative Findings from Two Major Urban Family-Focused Interventions
Phyllis Fleming, University of Georgia
Marsha Davis, Tennessee

Strategy to Increase Elementary Classroom Nutrition Education
Maureen Burson, University of Nebraska
Karen Wobig, Nebraska

Foods & Fitness: Activities for Youth
Darlene Myatt, Texas Cooperative Extension

2:30-3:00 p.m. Break
3:00-5:00 p.m. Concurrent Session

COLLABORATORS/PARTNERS

All About Me
Donna Gullatte, Alabama Cooperative Extension System
Alison Couch, Alabama
Cynarra Fuller, Alabama

The Family Life Center
Wilma Ruffin, Alabama Cooperative Extension System
Donna Gullatte, Alabama
Cynarra Fuller, Alabama

Real World – Richmond
Crystal Tyler, Virginia Cooperative Extension
Jacqueline Lawrence, Virginia
Malinda Miller, Virginia
An Examination of the Nature and Experience of Community Collaboration in Extension Education for At Risk Populations
Barbara Board, Virginia Cooperative Extension

3:00-4:00 p.m. Concurrent Sessions
4:15-5:15 p.m.

USING THE WEB FOR OUTCOME/IMPACT ~Moderator: Cheryl Lloyd~ PULLMAN B

Home Study Updated for the Web
Alice Crites, University of Nevada Cooperative Extension
Chris Koehler, Washington
Patricia Behal, Nevada

Parents Forever: Education for Families in Divorce Transition
Minnell Tralle, University of Minnesota Extension Service
Rose Allen, Minnesota

Walk Across Texas and Do Well, Be Well with Diabetes
Carol Rice, Texas Cooperative Extension

FOOD & NUTRITION ~Moderator: Mary Jane Willis~ DEALEY

Evaluation of a Fresh Produce Food Safety Education Program
Amanda Scott, Texas Cooperative Extension
Paul Pope, Texas
Suresh Pillai, Texas
Peggy Van Laanen, Texas

The Importance of Nutrition in the Prevention of Birth Defects:
Education Outreach in South Texas
Jenna Anding, Texas Cooperative Extension

5:00 p.m. Evening on your own
Friday, December 9, 2005

7:30 a.m.    Breakfast

8:30-9:30 a.m.  
~Moderator: Martha Couch~

Positive Youth Development
Dr. Jaqueline V. Lerner, Professor
Boston College, Lynch School of Education

9:30-10:00 a.m.  Break

10:00-11:00 a.m.  
~Moderator: Judy Warren~

Extension's Response to Positive Youth Development Research
Dr. Suzanne Le Menestrel, National Program Leader
for Youth Development Research
at National 4-H Headquarters
Cooperative State Research, Education and Extension Service

11:00-12:00 p.m.  
~Moderator: Bonnie McGee~

Too Much on Your Plate
Mr. Kevin Keable
Work Life Balance

12:00 noon    Conference Adjourns